



FEBRUARY NEWSLETTER

MISSION STATEMENT

To promote diversity, equity, and inclusiveness for the empowerment of families by providing services to strengthen communities and enhance collaborative relations in the Great Lakes Bay Region and beyond.

CONNECT WITH US

SVRC INDUSTRIAL BUILDING
1000 TUSCOLA STREET
SAGINAW, MI 48607

PHONE: (989) 737-9286

OFFICE: (989) 399-8775, EXT. 5

WEBSITE: WWW.WOMENOFCOLORS.ORG

FACEBOOK: @WOMENOFCOLORS

INSTAGRAM: @WOC1993

TWITTER: @COLORSWOMEN

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CELEBRATING BLACK HISTORY MONTH

Beginning in 1926, Black History Month became an annual celebration of black history.

By honoring the legacy of black activists, politicians, civil rights pioneers, and public figures, we are able to recognize their achievements and celebrate their unique contributions to history.

WAYS TO CELEBRATE

Visit a black or African American history museum.

Educate yourself about black culture.

Support black owned businesses.

Attend local Black History Month events.

WAYS TO GIVE BACK TO YOUR COMMUNITY

JOIN A CLUB OR COMMUNITY ORGANIZATION

Boost your productivity and happiness by bonding with positive, like-minded people over a shared passion or cause.

LOOK UP VOLUNTEER OPPORTUNITIES IN YOUR COMMUNITY

Many local nonprofit organizations would love to have you volunteer either for a special event or on an ongoing basis.

TAKE GOOD CARE OF YOUR PHYSICAL AND MENTAL HEALTH SO THAT YOU CAN TAKE BETTER CARE OF OTHERS

Build a life where you can thrive physically, mentally, emotionally, and spiritually.



THIS MONTH'S FEATURED MEMBER

Congratulations to Vera Harrison, this month's featured member! Vera works with the Women of Colors Prevention Team to promote change in the community. We would like to recognize Vera for her great dedication.

"Vera is helping to bridge a gap in the community, and the partnership and relationship that WOC has built with her have been very positive in that we're able to reach more people and service more families through her efforts," Evelyn McGovern, WOC Co-Founder/President



PRIME FOR LIFE WORKS

- Explores personal values and priorities.
- Increases problem-solving skills and perception of personal risk.
- Teaches simple tools for making decisions and selecting low-risk choices leading to abstinence.
- Prime For Life is an Evidence-Based method to Motivate Alcohol and Substance Use Behavior Change.
- Independent and internal reviews demonstrate positive impacts on adults and youth.
- Program and content is based on biological, psychological, and sociological research.
- People do not become addicted because of an addictive personality or because of mental health problems.

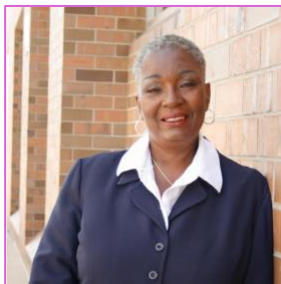
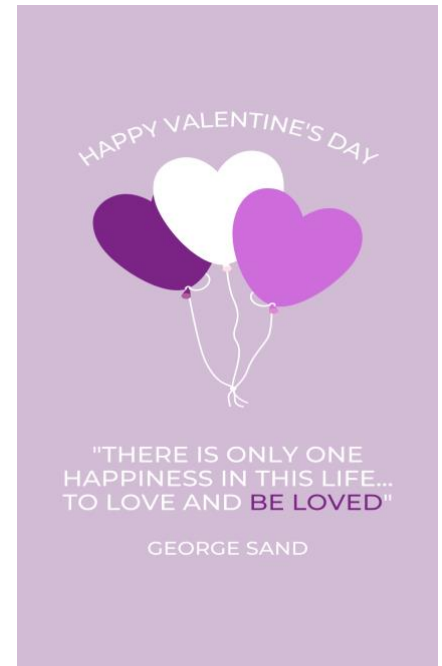
ADULT TRAINING

VIRTUAL - VIA ZOOM

Participants will receive a \$25 VISA Gift Card and Certificate upon completion

- March 28th and 29th, 2022 (Monday and Tuesday)
- 6:00 p.m. – 8:30 p.m. each day
- Register by March 21st at kris4woc@gmail.com
- Questions: email kris4woc@gmail.com or call (989) 399-8775, Ext. 5 / (989) 737-9286

Women of Colors is a non-profit organization with a diverse group of professional facilitators certified by Prime for Life. We are passionate about providing training and services for youth and families.



PRESIDENTS CORNER

Women of Colors is pleased to be a part of an effort to focus attention on disparities in behavioral healthcare services in the Saginaw community. More importantly, we are extremely excited about the opportunity to aid in identifying ways to improve the delivery of behavior healthcare services in African American residents. Ultimately, meeting the needs of this population serves to improve the quality of life for the entire community.

Evelyn McGovern
WOC Co-Founder/President

Black History Month Discount

For Advertisement, Contact Office by 2/28/2022

Live Streaming & On-Demand Media

Upload and stream your event on Women Of Colors Network.
Air on ROKU, Amazon Prime and more.

Movies • Exercise • Music Videos • Educational • Concerts
Christian Content • Talk Shows • The Word of God & More

For more information call (989)737-8179 or (989)737-9286